

## Haeundae's Hidden Gem, Araetbansong Trekking Path

### Seokdae Olle-gil Trail: say hello to the otters and herons

The back of Bansong-dong is surrounded on three sides by the Aengrim-san Mountain, which black-naped oriole birds flock to, and where the Seokdae-cheon stream flows along. You can easily find the Seokdae trekking path when you come out of gate 1 of Seokdae Station. The Seokdae-cheon stream, once unclear, is now visited by many residents again thanks to its now clear water, uncontaminated by the



sewage-disposal plant. In spring and fall, you can see otters, herons, egrets and mallard ducks at the Seokdae-cheon into which loaches have been released to revive the stream.

### Kkotdarae Park: pray for one's well-being during the Jangseungje ritual

Embellished with flowers, Kkotdarae Park is the perfect place for taking a stroll with your children. Also in the park is a giant Korean totem pole which stands at the entrance. Every fall there is a Korean totem pole ritual (Jangseungje) which is performed to pray for the health and well-being of residents. This year it is on 14th October.



### Bansong Park: a peat moss park to be constructed

Bansong Park has a well-resourced parking lot and provides a wide-open space. There is also a large playground, a five-a-side soccer court and tennis courts. The playground has a little zip-line, too. At one section of the park, a peat moss park is expected to be built where children can experience nurturing the mosses with the help of visual descriptions.



### HOPE HILL: Mr wooden doll spinning waterwheel

Walking down the Seokdae trekking path, you will find a pavilion and a waterwheel. Mr wooden doll is running the waterwheel. Take a break under the shade of the small pavilion.



### Walking around Bogyeongsa Temple, you will encounter the Yong-bawi or Beom-bawi

Rock which grants you one wish according to the legend passed down. The puppies in the temple express delight to see people.



### Jangsan Mountain hiking trail: dense forest and fresh air

Continue up Jangsan Mountain and you will arrive at a mountain path at the back of Youngsan University. The hiking path is not too steep and is well-worn. There is even a mineral spring, allowing visitors to quench their thirst.



### Food street

pass by Youngsan University when coming to the end of the trekking path, there are good local restaurants lining the food street. Stop for a meal and some coffee too, and Bansong Library and subway station are right in front of the street. By following this route, and starting from Seokdae Station, two hours should be enough to walk the Araetbansong trekking path.





## Let's Make Haeundae-gu a Happy Place

### Safe school zones by middle and elementary schools



In August, Haeundae-gu district finished its maintenance project of separating pedestrian walkways and car lanes along an area of 180 meters near the main gates of Banyo Middle School. The car

lanes were reduced to the minimum width to prevent speeding and illegal parking. Also, safety fences, crosswalks, and temporary stopping points for school buses have been installed. In September,



school zone improvement construction around Songsu Elementary School in Jaesong-dong and Haesong Elementary School in Jwa-dong was completed. The existing sidewalks and crosswalks



have been expanded. In addition, a raised-level yellow crosswalk was painted to compel drivers to reduce their speed.

### APEC Naru Park Gets More User-Friendly

Haeundae-gu District has ramped up the parking area availability for the APEC Naru Park from its 18 existing car parking spaces to 46 car spaces. The APEC Naru Park's parking lot is a public parking facility and will be run as an un-

manned system, open 24 hours-a-day all year round. APEC NARU Park was established in the 1494 area, U-dong in 2006 to celebrate the hosting of the 2005 APEC Summit as a community park. As a popular Haeundae park

that is visited by many people, APEC Naru Park is located in Centum City in front of the Busan Cinema Center and offers beautiful views of the Suyeong-gang River.



## Health Screening for Infants and Toddlers of Enrolled Foreign Residents in Ulsan

■ **Recipients:** Infants and toddlers under 6 years old of foreigner residents in Korea who are enrolled in health insurance.

- ▶ **Screening items:** physical examination including measuring height, weight and head circumference and hearing and eyesight tests, dental health screening, developmental assessment and training in safety/preventing accidents.
- ▶ **Number of screenings:** 8 health screenings, 4 dental health screenings
- ▶ **Fee:** All free during the designated screening period

※ Resulting report of infant health screening can be used for submitting to nursery facilities and kindergartens.

### ■ How to book health screening

– Anywhere in Korea if it is a designated screening facility

① Website of National Health Insurance Service (www.nhis.or.kr) → 건강iN [geon-gang-iN]  
→ 검진기관/병원찾기 [geom-jin-gi-gwan/byeong-won-chat-gi/finding facility/hospital]

② Mobile application (The 건강보험 [geon-gang-bo-heom]) → 건강iN [geon-gang-iN]  
→ 검진기관/병원찾기 [geom-jin-gi-gwan/byeong-won-chat-gi/finding facility/hospital]

### ■ Health checkup questionnaire in international languages and result report forms provided

– Website of National Health Insurance Service (www.nhis.or.kr) → 민원여기요 [min-won-yeo-gi-yo/public service]  
→ 서식자료실 [seo-sik-ja-ryo-sil/form documents]

※ 14 languages: English, Japanese, Chinese, Vietnamese, Filipino, Nepali, Russian, Thai, Uzbek, Mongolian, Cambodian, Indonesian, Sri Lankan, Burmese

■ **Contact information:** Customer Center 1577-1000